

Military Entrance Processing Station (MEPS)

'What to Expect" Guide – Current As Of (CAO) June 2019

What is the MEPS, what do they do? -- The primary job of Military Entrance Processing Station is to determine, under military regulations, policies and federal law, whether or not you are qualified to serve in the United States Armed Forces

1. Scheduling to Process at MEPS

- 1.1. You will be scheduled for MEPS by SSgt Cornman after meeting with Mr. Vineyard.
 - 1.1.1. YOU MUST BE 17 YEARS OF AGE OR OLDER TO PROCESS AT THE MEPS. You will be consulted with a potential time frame for MEPS Processing once you turn in the required MEPS Pre Screening Forms to SSgt Cornman.
 - 1.1.1.1. MEPS Pre Screening Forms:
 - 1.1.2.1.1. DD Form 2807-2 (<u>Accessions Medical History Report</u>)
 - 1.1.2.1.2. USMEPCOM Form 680-3A-E (Request For Examination)
 - 1.1.2.1.3. DD Form 1966 (<u>Parent/Gaurdian Consent For Enlistment</u>) **ONLY for applicants who are 17 years old**
 - 1.1.2. Once you complete the required Pre Screening Forms, you will schedule/conduct a form review with SSgt Cornman. After your form review, you will be scheduled for your MEPS processing date.
 - 1.1.3. Once you have been scheduled, the date cannot be changed due to predetermined MEPS standards, please plan accordingly
 - 1.1.4. If you fail to report to your MEPS processing appointment, you must report to SSgt Cornman immediately.

2. Preparing for MEPS Processing

- 2.1. Ensure you properly prepare for your MEPS processing by doing the following:
 - 2.1.1. Discuss any childhood medical problems with your parents and bring documentation with you to the MEPS
 - 2.1.2. If you wear either eyeglasses or contacts, bring them along with your prescription and lens case
 - 2.1.3. Bathe or shower the night before your examination
 - 2.1.4. Locate and bring your Social Security card, birth certificate and driver's license



Military Entrance Processing Station (MEPS)

"What to Expect" Guide – Current As Of (CAO) June 2019

3. Processing at the MEPS

- 3.1. You will report to the MEPS No Later Than (NLT) 0530 (5:30AM). You will bring a State Issued ID/License, Birth Certificate and the Original Copy of your Social Security Card.
 - 3.1.1. The MEPS is located at 10500 Copper Ave, Albuquerque, NM 87123. Upon arrival, at the entrance door, you will follow the instructions given by the security personnel in order to gain access to the MEPS. Once inside the main entrance to MEPS, you will pass through a security checkpoint. Follow all instructions given by security personnel.
 - 3.1.2. You will provide your own means of transportation to the MEPS.
 - 3.1.2.1. If you have a parent or legal guardian escorting you to the MEPS please advise them to be available/flexible in order to pick you up promptly after you've completed your evaluation at MEPS. They *CANNOT* wait for you inside the MEPS while you are processing.
 - 3.1.3. Please ensure you eat a well-balanced breakfast prior to reporting to MEPS, if you are still being evaluated during the MEPS lunch hours, lunch will be provided to you at no cost.

3.2. MEPS Rules and Prohibited Items

- 3.2.1. No outside Food or Drink is allowed in the MEPS.
- 3.2.2. No guns, knives or weapon of ANY TYPE are allowed in the MEPS.
- 3.2.3. No alcohol, drugs or drug related paraphernalia are allowed in the MEPS.
- 3.2.4. Do not bring valuables or large sums of cash with you to the MEPS.
- 3.2.5. No Horseplay or any behavior that may be disruptive or injure others
- 3.2.6. No profanity
- 3.2.7. Pay close attention to all instructions given by MEPS personnel.
 - 2.2.7.1. Obey all MEPS procedures

4. MEPS Dress and Appearance Standards

4.1. Long or Short Sleeved Shirt

- 4.1.1. No profanity, offensive language or slogans
- 4.1.2. No holes
- 4.1.3. No tank tops

4.2. Jeans or slacks worn properly, no sagging



Military Entrance Processing Station (MEPS)

"What to Expect" Guide – Current As Of (CAO) June 2019

- 4.2.1. No Holes
- 4.2.3. Blue, Black, Khaki in color
- 4.2.4. No shorts

4.3. Closed toed shoes WITH socks

4.4. MEPS Dress Code "No Go's"

- 4.4.1. Open toed shoes (sandals, flip flops)
- 4.4.2. Shoes with no socks (Crocks, heeled shoes)
- 4.4.3. Sagging
- 4.4.4. Holes in any clothing items
- 4.4.5. Yoga pants, leggings, athletic shorts, athletic pants, gym shorts, shorts, skirts
- 4.4.6. Thongs, speedos
- 4.4.7. Open top shirts, deep v-neck shirts, tank tops, tube tops, crop tops, cut off sleeves
- 4.4.8. Sports bras
- 4.4.9. Do not wear piercings of any type
- 4.4.10. Finger/Toe Nail polish, Gel Nail Polish, Acrylic Nails

5. Medical Processing/Examinations at MEPS Bottom Line Up Front (BLUF)

5.1. Female Medical Evaluation/Processing

- 5.1.1. Females will be examined by the first practitioner available which may be a Male. If a discomfort with this exists, Females at any time can request a Female to be present during any examinations. You are strongly advised to report any malpractice/maltreatment to the MEPS staff at any time during or after your examination.
 - 5.1.1.1. You are allowed to express any discomforts you may have with any examinations that are given by the MEPS at any given time. Please be advised, if you do not partake in an examination required by the MEPS, your entire process may be terminated and you will have to be rescheduled for full examination at a later date.
- 5.1.2. Females will be given a PAP SMEAR to include a breast exam
- 5.1.3. Females will be tested for Pregnancy

5.2. Male Medical Evaluation/Processing



Military Entrance Processing Station (MEPS)

"What to Expect" Guide – Current As Of (CAO) June 2019

- 5.2.1. Males will be examined by the first practitioner available which may be a Female. If a discomfort with this exists, Males at any time can request a Male to be present during any examinations. You are strongly advised to report any malpractice/maltreatment to the MEPS staff at any time during or after your examination.
 - 5.2.1.1. You are allowed you express any discomforts you may have with any examinations that are given by the MEPS at any given time. Please be advised, if you do not partake in an examination required by the MEPS, your entire process may be terminated and you will have to be rescheduled for full examination at a later date.
- 5.2.2. Males will be given a Prostate Exam

5.3. General Medical Evaluations

- 5.3.1. Drug/Alcohol Testing
- 5.3.2. Blood/Urine Lab Work
- 5.3.3. Callisthenic Movement Tests, in Underclothing
- 5.3.4. Color Vision Testing
- 5.3.5. Hearing/Audio Testing
- 5.3.6. Medical History Interview
- 5.3.7. Vision Test
- 5.3.8. Height/Weight Measurements
- 5.3.9. Specialized Tests (If Required)

5.4 Completion of Examination and Results

5.4.1. Once all of your evaluations and exams have been completed you will be briefed on your qualification status by the MEPS Air Force Liaison. You will be provided a working copy of your qualification paperwork by the Air Force Liaison. You will hand carry this working copy to SSgt Cornman immediately after checking out of the MEPS. Depending on your qualification status/complexity, you permanent medical record will become available to SSgt Cornman between 3-30 days.